

Crouch End & District U3A Middle Way Walkers Group

Walk number/title	Henley-on-Thames Circular
Date	Wednesday 5 June 2024 and Monday 10 June 2024
Distance	9 miles/14.5 km
Timings	Walk 3.5 to 4 hours plus lunch stop = 4 to 4.5 hours approx
Travel	<ul style="list-style-type: none"> • Walk begins and ends at Henley-on-Thames Station, Great Western
Route	<ul style="list-style-type: none"> • Meet outside Station • Leave station, head to Thames and cross on bridge • Follow South Bank, briefly diverting to look at Renenham Church • Cross the Thames at Hambleden Lock • Walk north to Hambledon • Turn east, then south through Ridge Wood • Return to Thames on North Bank to return to Henley-on-Thames
Lunch	<ul style="list-style-type: none"> • Packed lunches in Hambleden
Dropping out	<ul style="list-style-type: none"> • Possible bus routes or Uber • Possible to relax on Thames and miss out the Chiltern loop, and continue with the group
Facilities	<ul style="list-style-type: none"> • Toilets at Henley-on-Thames and Hambledon
Suitability	<ul style="list-style-type: none"> • Suitable for any reasonably fit walker • At our longest length, but mostly flat and undulation can be avoided by walkers if they wish • A variety of good paths along Thames and in hills • Spots could be muddy • Mostly flat with a short section with 310 feet incline and 322 feet decline • Comfortable waterproof shoes or boots essential, check equipment list on web-site • Please dress/plan for varying weather conditions • Check weather forecast for likely weather conditions
Maps/Sources	Google Maps
Leader/contact	<ul style="list-style-type: none"> • Available to those on the walk