

### Crouch End & District U3A Longer Walks Group

<b>Walk no./title</b>	053 Woldingham Circular
<b>Date</b>	Thursday 12 August and Thursday 26 August 2021
<b>Distance</b>	11 miles (18 km)
<b>Timings</b>	Walk 5 hours plus lunch stop – maximum of 5.5 hours
<b>Travel</b>	<ul style="list-style-type: none"> <li>• Walk starts/finishes from Woldingham station</li> <li>• Variety of routes from Finsbury Park/St Pancras/Charing Cross</li> </ul>
<b>Route</b>	<ul style="list-style-type: none"> <li>• From station short road walk south to golf club then east to join Vanguard Way.</li> <li>• Follow Vanguard Way as it climbs to Flint House then descends towards Oxted.</li> <li>• Where VW meets North Downs Way turn WSW</li> <li>• Follow NDW SW/WSW to Winders Hill.</li> <li>• Climb Winders Hill and head north to Tillingdown Farm</li> <li>• Head east to Marden Park</li> <li>• Loop round to south of Woldingham and climb to Great Church Wood</li> <li>• Finally head NNW to reach Woldingham station</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Packed lunch required and plenty of drinking water</li> <li>• Good idea to have a folding mat or similar to sit on.</li> </ul>
<b>Dropping out</b>	<ul style="list-style-type: none"> <li>• Buses from Quarry Road (Godstone Hill) to Caterham station to return to London</li> <li>• Possible to cut off final loop of walk to return early to Woldingham</li> </ul>
<b>Facilities</b>	<ul style="list-style-type: none"> <li>• No toilet facilities at Woldingham station or along route of walk</li> </ul>
<b>Suitability</b>	<ul style="list-style-type: none"> <li>• Suitable for any reasonably fit walker but requires stamina</li> <li>• Cumulative 500 metres of ascent and 500 metres of descent</li> <li>• One flight of over 100 steps and another of 70 steps</li> <li>• Mainly well walked footpaths/bridleways with some walking on minor roads.</li> <li>• Some paths may be overgrown including with nettles.</li> <li>• Four fairly steep climbs and three steep descents</li> <li>• Walkers may find poles helpful on the descents</li> <li>• Comfortable waterproof walking shoes/ boots &amp; waterproof jacket (see equipment list on web-site)</li> <li>• Check weather forecast for likely weather conditions</li> </ul>
<b>Maps/Sources</b>	<ul style="list-style-type: none"> <li>• OS Explorer Dorking, Box Hill &amp; Reigate (sheet 146)</li> </ul>
<b>Leader/contact</b>	<ul style="list-style-type: none"> <li>• Participants will be provided with the leader's contact details prior to the walk.</li> </ul>