

Walk and theme	Ruth's Highgate, Cherry Tree and Coldfall Woods Walk
Distance	3miles/5km
Timings	Approx 1.30-2hr depending on pace
Parking Transport Links	Dukes Avenue or Grove Avenue area - free parking at any time. W3 bus stop near the Grove is Alexandra Palace Garden Centre . 134 102 W7 144 are various buses to Muswell Hill.
Start and Finish	<ul style="list-style-type: none"> • Walk starts at the Grove Cafe Alexandra Park at 10.30 a.m. • Ends KrisKitch Cafe near Tetherdown School on Tetherdown Road Muswell Hill at approx 12.00 to 12.30pm.
Route	<ul style="list-style-type: none"> • From Grove Cafe exit Alexandra Park onto the Parkland Walk. • Follow Parkland Walk to entrance to Highgate Woods. • Walk along path of Highgate Woods and exit at Holt Close. • From Holt Close cross Woodside Avenue and walk down Fordington Road to entrance to Cherry Tree Woods. • Walk through Cherry Tree Wood and exit onto Summerlee Avenue. • Walk along Summerlee Avenue and cross Fortis Green Road and turn onto Durham Road • Cut through church ground to Church Vale. • Walk down Church Vale onto Creighton Avenue and along to entrance to Coldfall Woods. • Walk through Coldfall Woods and exit onto Creighton Avenue. • Walk along Creighton Avenue and turn onto Coppett's Lane and then Tetherdown Road.
Cafes	<ul style="list-style-type: none"> • Cafe in the Grove may be open (only Thurs- Sun currently) • Cafe in Highgate Woods may be open • KrisKitch Cafe may be open • Plenty of cafes in Muswell Hill
Facilities	<ul style="list-style-type: none"> • Toilets at Highgate Woods Cafe (currently inoperable) or Playground by Archway Road Gate • Toilets at Cherry Tree Woods
Suitability	<ul style="list-style-type: none"> • Suitable for any reasonably fit walker • Mainly well walked footpaths or pavements. Some road walking • Comfortable walking shoes/boots (or trainers, unless there has been recent heavy rain)